

Grow a Salad Mix

Mesclun is a blend of lettuce and leafy greens that are harvested while the plants are still tender and young.

Leafy greens prefer cool, spring weather and a sunny spot. Start seeds directly outside in containers or in the ground as soon as the soil can be worked.

To sow, sprinkle seeds evenly across the soil surface, cover lightly with a thin layer of soil, and water well.

Keep the soil moist like a damp, wrung-out sponge.

Harvest the greens at any size. Clip the leaves about an inch or so above the soil line. As long as you leave a stub of plant above the soil, plants can regenerate more leaves. You can repeat this process two or three times before the leaves start to taste like a rubber ball. Pull the whole thing up and start again with new seeds.



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