

Seed Starting Chart Instructions:

1. Print out the following chart. Get a calendar.
2. Start from the right. Calculate Set Out date using Frost Free date and Safe to Set Out guidelines.
3. Subtract Weeks from Sowing from each Set Out Date. Voila! Scheduled!

The Frost Free Date in my gardening region is _____.
 (See <http://www.almanac.com/garden/garden.frostchart.html>)

Crop	Indoor Start Date	Weeks from Sowing	Safe to Set Out (relative to frost free date)	Set Out Date
Basil		6	1 week after	
Beets*		4-6	2 weeks before	
Broccoli		4-6	2 weeks before	
Cabbage		4-6	4 weeks before	
Cauliflower		4-6	2 weeks before	
Collards		4-6	4 weeks before	
Corn*		2-4	1-2 weeks after	
Cucumber		3-4	1-2 weeks after	
Kale		4-6	4 weeks before	
Lettuce		4-5	3-4 weeks before	
Melons		3-4	2 weeks after	
Onions		6-8	4 weeks before	
Parsley		9-10	2-3 weeks before	
Peas*		3-4	6-8 weeks before	
Peppers		6-14	2 weeks after	
Pumpkins		3-4	2 weeks after	
Spinach		4-6	3-6 weeks before	
Squash		3-4	2 weeks after	
Swiss Chard		4-6	2 weeks before	
Tomatoes		6-8	1-2 weeks after	

* Starred crops are usually direct-seeded outdoors, but may be started inside.

Source: Chart adapted from organicgardening.com, January 2001

Notes:
